



# The Law of Cause and Effect

# Law of Cause and Effect

- ✿ For each and every action there is an equal and opposite reaction;
- ✿ provided the three fundamental relative factors of:
  - time;
  - space; and
  - person;remain the same.

# Law of Cause and Effect

- ✿ If time, place and person are the same, then the reaction will be equal to the action.
- ✿ Otherwise not, due to change of relativity.
- ✿ Everything in the expressed universe is relative.

# Action and Reaction

- ✿ It means:

The result of action changes with the changes in time, place and person.

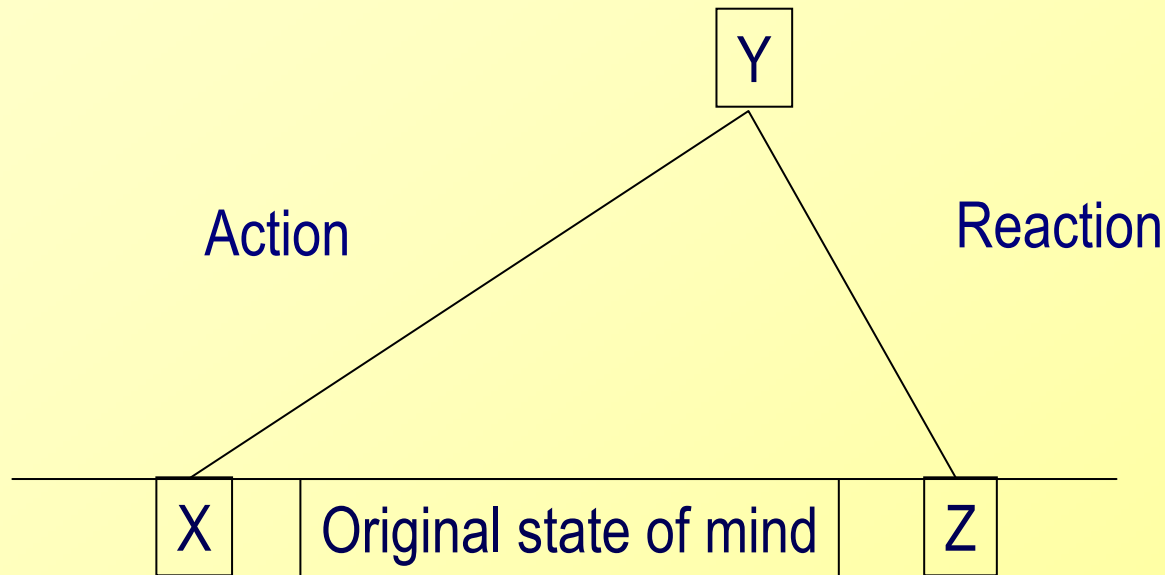
Therefore, you have control over the original action but not over the reaction.

- ✿ It means:

"You are certainly entitled to action, but you are not entitled to the fruits of your actions."

- Krs'n'a

# Action and Reaction

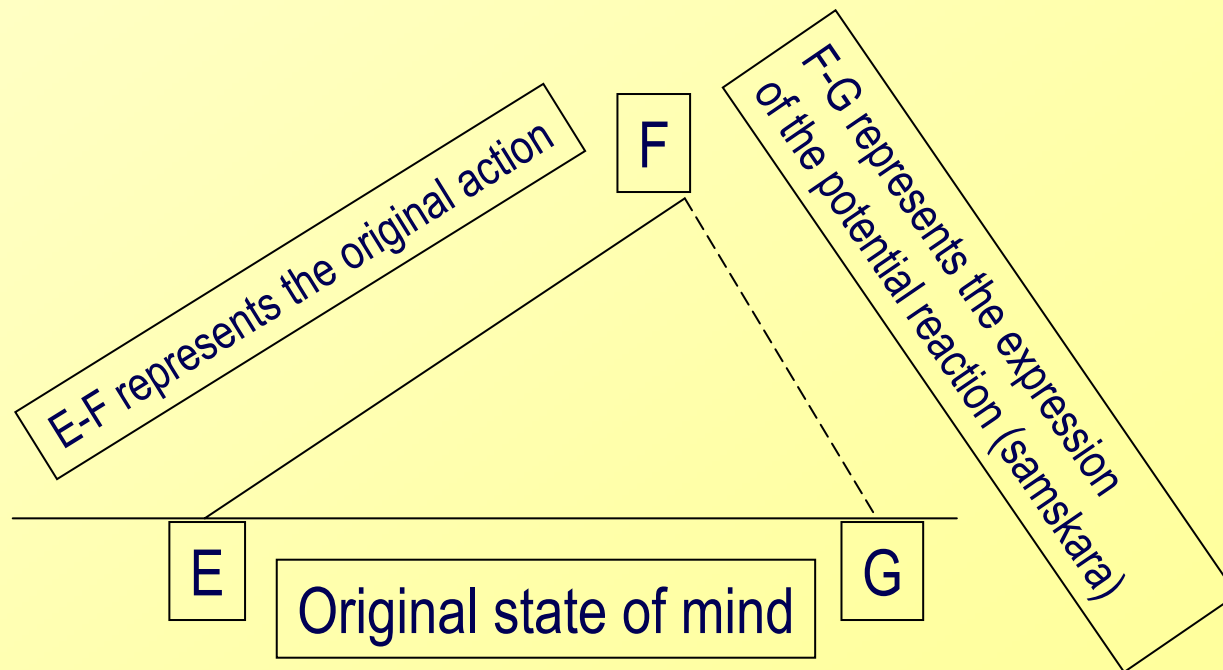


Whenever we do an action our mind is distorted and when we experience the reaction our mind returns to the original state; and we feel either pleasure or pain depending on the nature of the original action.

# Samskara

## - reaction in potentiality

It is a reaction in potential form. A distortion of the mind which remains dormant.



# Samskara

## – how they get expression

- ★ A person according to their past actions should experience as a reaction the equivalent in mental measure to, eg:
  - ★ a fracture of an arm at the age of eight;
  - ★ the suffering of becoming fatherless at the age of ten; and
  - ★ the happiness of getting a fortune at the age of twelve.

# Samskara and sufferings

- ✿ The person will have to experience all this, merely because his/her mind regains its normal / non-reactive form.
- ✿ The actual form of suffering is not predetermined.
- ✿ It cannot be said what might be the actual reaction of a particular action.

# Not pre-ordained

- ✱ For example, it is not preordained that if one commits theft, a person's things of the same value will be stolen as a reaction.
- ✱ The suffering is measured in terms of mental suffering, to the extent of that which was inflicted on others by stealing their property.

# Pain and Pleasure

- ✿ According to the law of action and reaction we must experience the result of every action.
- ✿ Every day we experience pain or pleasure as the different impressions of the mind caused by previous actions become ripe and express themselves as reactions.

# Life and Death

- ★ What happens when a person dies?
- ★ Is there anything after life?
- ★ Why can't we remember any previous life prior to existence in this body?



RAZORBACK

## Causes of death

- Physical cause of death - physical vibration loses parallelism with mind.
- Psychic cause of death - psychic vibration loses parallelism with body.

# Question

- ✿ Q: Does one feel pain at the time of death?
- ✿ A: There is no feeling of pleasure and pain at the point of death, as pleasure and pain are relative.
- ✿ A: After death, also the mind cannot experience pleasure or pain as it lacks nerve cells and fibers.

# Question

- ✿ What is it to be in heaven or hell?
- ✿ A: There is no actual heaven or hell. When one experiences good or bad reactions in one's life due to past actions, that is the only feeling of heaven or hell.
- ✿ A: As the mind has no nerve cells or fibers after death, it cannot experience pleasure or pain.

# After death

- ✿ If one dies after exhausting all the accumulated samskaras (reactions in potential form), then one's mind is liberated and merges into pure consciousness (spiritual liberation).
- ✿ But in most cases one has still many reactions to exhaust as one continues doing actions thinking "I am doing".

# What will happen?

When someone dies and still has many reactions to exhaust.

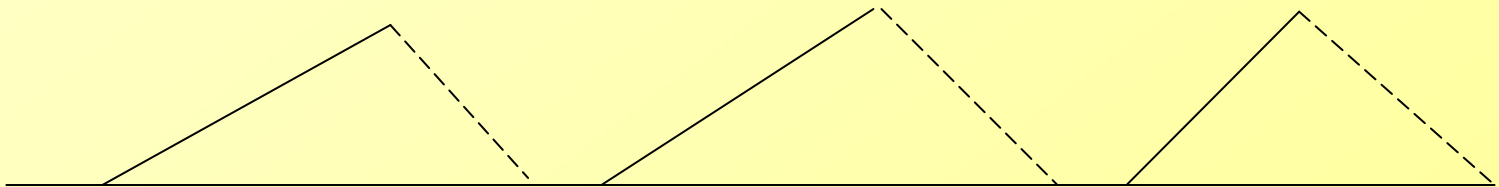


Diagram: The mind with reactions to exhaust

The reactions must be experienced, but as there is no physical body, therefore one will need a new body and the mind must take another birth.

# When a person dies ...

- ✿ The vital energy of the body enters into a state of disequilibrium and leaves the body.
- ✿ The body ceases to function.
- ✿ The mind enters “a long sleep” but it does not perish - it is merely inactive.
- ✿ The samskaras are recorded in the causal mind.
- ✿ The atman (soul) remains as the witness of this inactive mind.

# Rebirth

- ✿ The inactive mind has a particular wavelength according to its samskaras.
- ✿ It will look for a body that will suit it and be reborn.
- ✿ The new living being will then have the opportunity to exhaust its accumulated samskaras.

# What is life?

- ✿ Life is a parallelism between mind and body.
- ✿ The body has a particular wavelength.
- ✿ The mind also has a particular wavelength.
- ✿ When there is a parallelism between them there is life.

# Human being

- ✿ Physical body
- ✿ Mind
- ✿ Soul – witnessing entity or “pure I feeling”
  
- ✿ What did Krs'n'a say?





The chariot is the human body

The charioteer is the conscience

The mind is the rein

The passenger  
is the soul

The horses are the 10 organs  
(5 sensory and 5 motor)

# Questions

- ✿ How long does a mind wait to get a new body?
- ✿ A: Can be short or thousands of years.
  
- ✿ Can you remember your past lives?
- ✿ A: Nature makes one forget so that you do not develop two personalities in one body.

# Question

★ Why are some babies more developed than others from birth?

A: Because of their inborn samskaras (reactions in potential form).

# Law of Nature

- ★ Human beings themselves are answerable for their fate as it is their actions alone which create it.
- ★ Each person alone will have to bear the consequences of all their actions.
- ★ No one else can substitute for them.
- ★ Their good deeds beget good results, while bad deeds beget bad results, and they will have to experience both without any exception.
- ★ This is the law of Nature and no one can change this law.

# How to escape from the cycle?

- ✿ Meditation is the effort to free the mind.
- ✿ In order to free the mind it must be restored to its natural state: its true and absolute condition.
- ✿ As one meditates one accelerates the expression of the potential reactions.
- ✿ But the mind is made stronger.
- ✿ The obstacles are never greater than the capacity to overcome them.

# Avoid accumulation of new potential reactions

- ✿ It is the “I” (ego) which causes the accumulation of new potential reactions.
- ✿ Through special ideation before doing any action one avoids accumulating new potential reactions.
- ✿ The spiritual ideation is that everything one does is an expression of the Supreme Entity – it is the highest level of thought and without ego – this avoids the accumulation of potential reactions and their later expression as actual reactions.

# What is the ultimate goal?

- ★ The unit consciousness seeks infinite happiness or bliss which is beyond pleasure and pain or the relativity of life, death and rebirth, and so unifies with the Infinite Cosmic Consciousness.